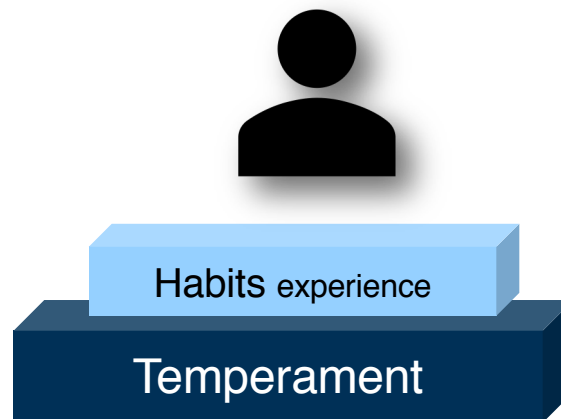
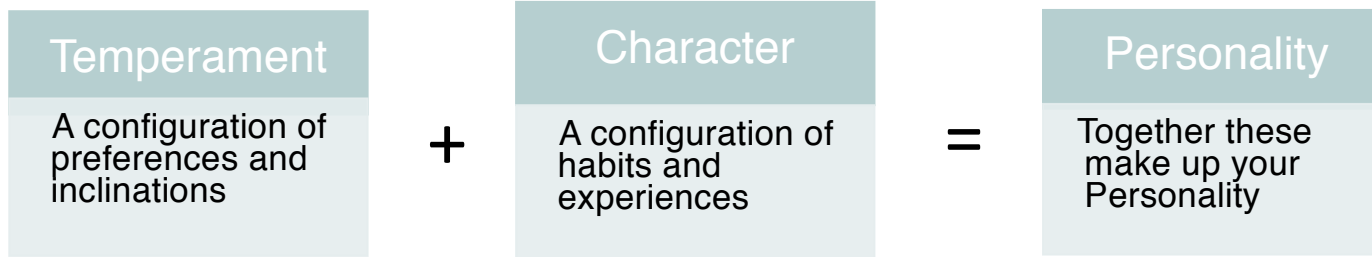


Bonus to accompany the bonus

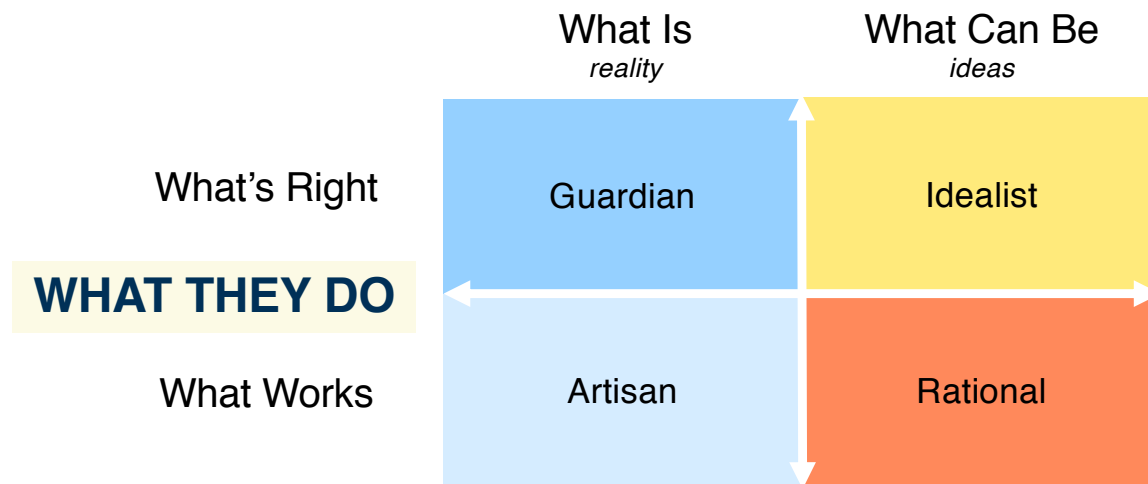
- This bonus document is put together by **Jeanne Patti** to accompany the Part 2 'personality bonus audio' from Marianne Cantwell's *Be A Free Range Human* book.
- It is intended to be viewed when listening to that audio (think of it as a visual aid to bring what you hear to life so you aren't spending your whole time scribbling notes - not something created to make sense all by itself!)
- On the last page you will see 'time stamps' for the second part of this audio for when/if you get to that part.
- As with everything here, take what is useful to you and park the rest for another time. Free Rangers take action with what they have and we hope this give you a little more to add to your toolkit.

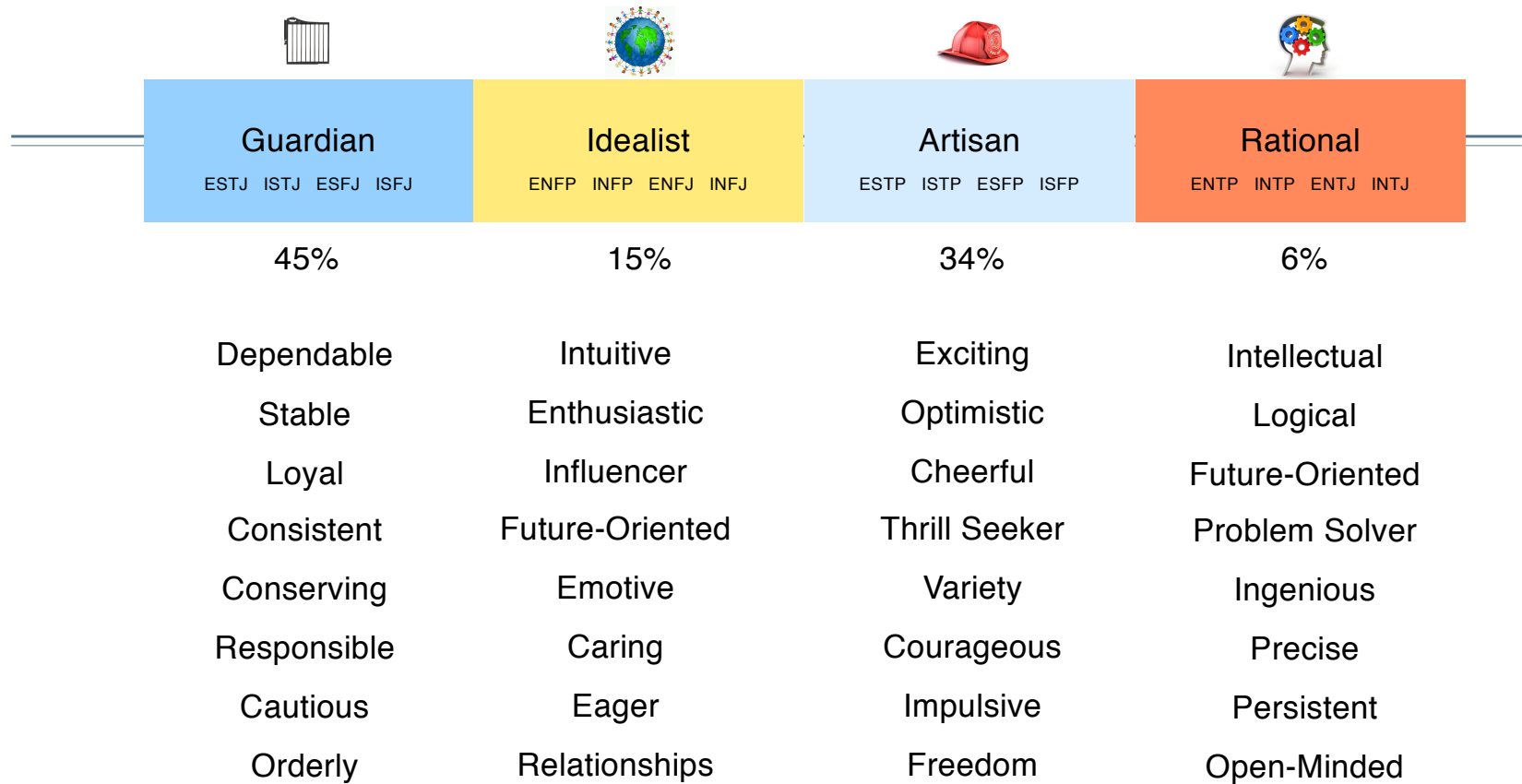
Temperament + Character = Personality



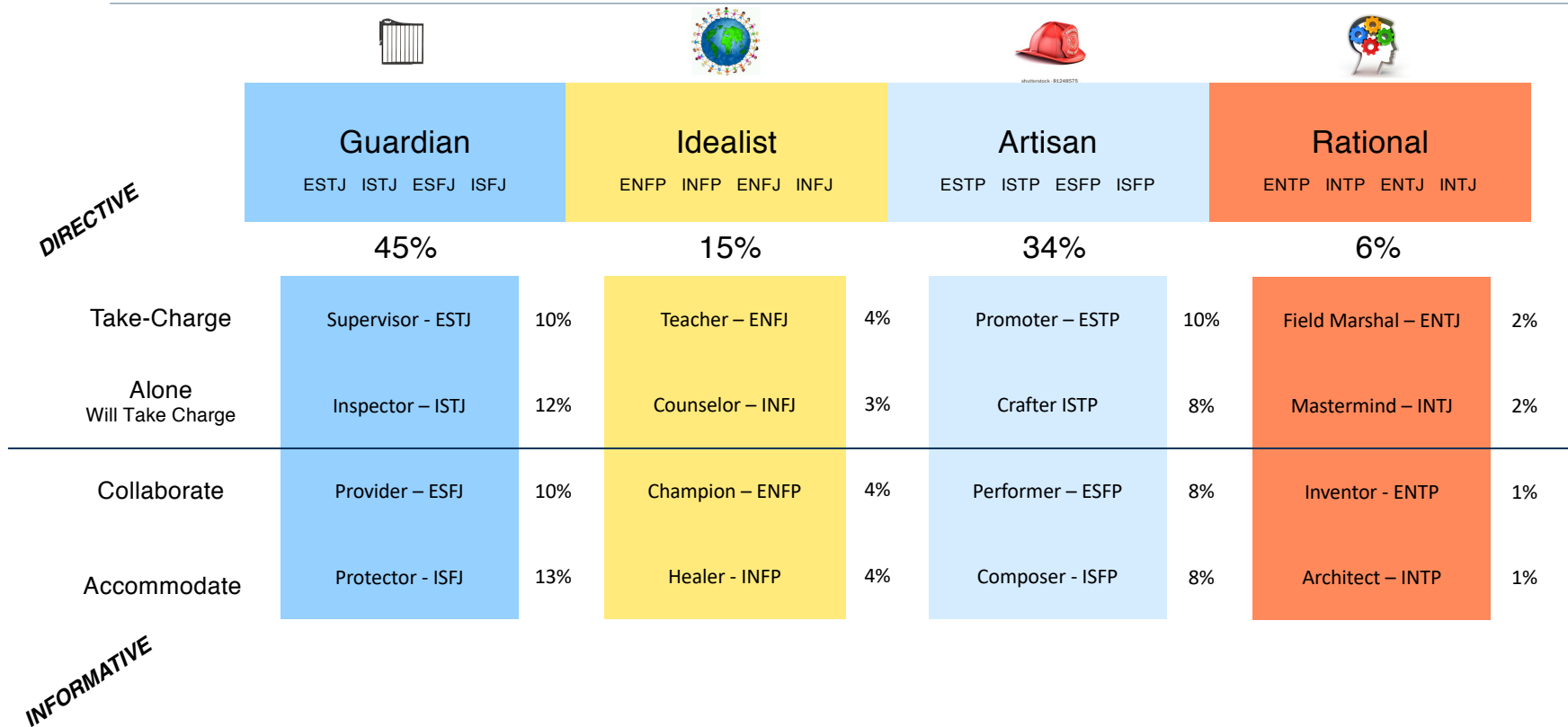
Cognitive: What They are Thinking?

WHAT THEY SAY





How We Make Things Happen



HUMAN DYNAMICS

STABILIZERS
& TRADITIONALISTS

MENTORS
& CATALYSTS

TROUBLE SHOOTERS
& NEGOTIATORS

VISIONARIES
& STRATEGISTS



Guardian
ESTJ ISTJ ESFJ ISFJ

Idealist
ENFP INFP ENFJ INFJ

Artisan
ESTP ISTP ESFP ISFP

Rational
ENTP INTP ENTJ INTJ

SELF ESTEEM

DEPENDABLE

EMPATHIC

ARTISTIC

CLEVERLY INVENTIVE

SELF CONFIDENCE

RESPECTABLE

AUTHENTIC

ADAPTABLE

DETERMINED

What's said when (timestamps)

Section 1:

- 5:00 The 'how': using this profile for clues on 'how' to make things happen as you.
- Walks through each profile grouping, what it means and 'how' each makes things happen.

Section 2:

- 34:30. Deep dive into 'purpose and creativity' for each type

The time stamps below show where the main four groupings start in this section. You will get more from the below after going through the first 30 mins of this audio where you get a grounding in each grouping (and 'how' your type makes things happen).

37:00 Guardian

- ESTJ, ISTJ, ESFJ, ISFJ

44:20 Idealist

- ENFJ, ENFP, INFJ, INFP
- A quick note about using these profiles (no matter what your profile!)

58:20 Artisan

- ESTP, ISTP, ESFP, ISFP

1:8:40 Rational

- ENTJ, INTJ, ENTP, INTP
- **1:14:00** (a final note about how what can feel like a weakness in some places can really be a gift to others when used in the right environments)